

AANA2017

Nurse Anesthesia Annual Congress ■ September 8-12, 2017 ■ Seattle, WA



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AANA State Peer Advisors' Workshop PreCongress Workshop

Friday, September 8, 2017

**Washington State Convention Center
800 Convention Pl.
Seattle, WA 98101**

Purpose:

The sessions will impart education and training refreshers on guidelines, resources, processes, and tools for State Peer Advisors (SPAs) to helpfully support CRNAs, student registered nurse anesthetists, colleagues, loved ones, and workplaces in situations related to substance use disorder (SUD). Lectures and discussion will address the SPA role to raise awareness in their states among the profession, coworkers and friends of the importance of personal emotional and physical well-being and the occupational risk, signs and behaviors of drug diversion, impairment and substance use disorder.

Target Audience:

This interactive workshop is for qualified SPA volunteers. Individuals interested in becoming at SPA in the future are also welcome as space permits.

Friday, September 8, 2017

7:00 - 7:15 am	Welcome and Introductions	
7:15 - 9:30 am	<p>Peer Support from First Response Through Follow-Up Learner Outcomes:</p> <ol style="list-style-type: none"> 1. Utilize available resources when responding to a call. 2. Understand the importance of follow up conversation. 3. Explore the feelings related to an adverse event utilizing listening skills, normalizing and follow-up when responding to support calls on a variety of topics. 4. Develop skills for responding to a call. 	<p>Linda Stone, DNP, CRNA Loretta (Ann) Bostic, DNP, MBA, CRNA Jack Stem, CDCA, OSANA Maria van Pelt, PhD, CRNA Julie Rice, BA Lynn Reede, DNP, MBA, CRNA, FNAP Victoria Hledin, MPH</p>
9:30 – 9:45 am	Stretch Break	
9:45 – 10:45 am	<p>State Peer Advisors: Role of Educational Outreach and Sharing Learner Outcomes:</p> <ol style="list-style-type: none"> 1. Outline the elements of toolkits and resources to raise awareness of the importance of personal emotional and physical well-being. 2. Discuss resources available to educate the profession, coworkers and friends of the occupational risk, signs and behaviors of drug diversion, impairment and substance use disorder. 3. Reproduce demonstrated stress reduction techniques at your state meeting or workplace. 	<p>Bridget Petrillo, CRNA, APRN Jack Stem, CDCA, OSANA Jessica Switzman, MSN, CRNA</p>

10:45 – 11:45 am	<p>State Advocacy- Working with Board of Nursing and Legislatures</p> <p>Learner Outcome:</p> <ol style="list-style-type: none"> 1. Describe resources that will support working with the board of nursing on substance use disorder issues and to develop an alternative to discipline program for nurses with substance use disorder. 	<p>Elizabeth (Laura) Wright, PhD, MNA, CRNA Jana Conover, BA</p>
11:45 – 12:45 pm	<p>Working Lunch-State Peer Advisor: Role of Educational Outreach and Sharing (Continued)</p> <p>Learner Outcomes:</p> <ol style="list-style-type: none"> 1. Explore and compile recommendations to optimize and expand SPA educational outreach and networking. 	<p>Linda Stone, DNP, CRNA</p>
12:45 – 1:00 pm	Break	
1:00 – 2:00 pm	<p>CRNAs and Substance Use Disorder- Data</p> <p>Learner Outcomes:</p> <ol style="list-style-type: none"> 1. Identify data entry tool, recent changes in tool as a result of user feedback, and policy developments in process as a direct result of data gathered. 2. Distinguish specific treatment needs and recovery supports for anesthesia professionals from treatment center analysis and networking. 	<p>Linda Stone, DNP, CRNA Olin (Brad) Hutto, MHS, CRNA Rodrigo Garcia, MSN, MBA, CRNA, APN</p>
2:00 – 3:00 pm	<p>How to Hold a “Touched” by Addiction Session at Your State Meeting</p> <p>Learner Outcome:</p> <ol style="list-style-type: none"> 1. Outline how to organize and conduct a 12 step recovery support meeting. 	<p>Loretta (Ann) Bostic, DNP, MBA, CRNA Bridget Petrillo, CRNA, APRN Lawrence Van Atta, CRNA</p>
3:00 – 3:15 pm	Stretch Break	
3:15 – 4:15 pm	<p>Further Defining the SPA Role</p> <p>Learner Outcomes:</p> <ol style="list-style-type: none"> 1. Examine the SPA role and responsibilities. 2. Identify future direction and needs of AANA peer support network. 	<p>Linda Stone, DNP, CRNA Loretta (Ann) Bostic, DNP, MBA, CRNA Olin (Brad) Hutto, MHS, CRNA Bridget Petrillo, CRNA, APRN Jessica Switzman, MSN, CRNA Lawrence Van Atta, CRNA Elizabeth (Laura) Wright, PhD, MNA, CRNA</p>

Workshop Faculty:**Loretta (Ann) Bostic, DNP, MBA, CRNA**

Dr. Bostic has served as a regional advisor for the AANA Peer Assistance Advisory Committee since 2007. She has served on the WV Board of Nursing since 2009, where she has advocated for an alternative to discipline program for nurses in WV. Dr. Bostic is currently leading a workgroup to develop a statewide substance abuse prevention program.

Jana Conover, BA

Ms. Conover joined the AANA in 1992, and is currently an Assistant Director in the AANA's State Government Affairs Division, which deals with state legislative and regulatory issues.

Rodrigo Garcia, MSN, MBA, CRNA, APN

Mr. Garcia is a practicing nurse anesthetist in recovery. He is also the CEO of Parkdale Center, a drug and alcohol treatment center for highly accountable professionals. Mr. Garcia is actively involved in recovery with a passion and special interest in the impaired provider with focus on the impaired CRNA.

Victoria Hledin, MPH

Ms. Hledin is a Research Analyst in the Professional Practice Division of the AANA. Some of her research specialties include substance use disorder, peer assistance, drug diversion, and infection control. Ms. Hledin is currently involved in the development of sample policies related to substance use disorder in the workplace and works closely with the AANA Practice, Peer Assistance Advisors, and Wellness Committees.

Olin (Brad) Hutto, MHS, CRNA

Mr. Hutto graduated from the Air Force Program for Nurse Anesthesia via Texas Wesleyan in 1999 and currently has 13 years CRNA experience. From 2008-2013, he took a personal 5 year graduate course on Substance Use Disorder in anesthesia. Currently, Mr. Hutto is full time employed as a CRNA, while continuing to work with others as the SC State Peer Advisor and serving on the AANA Peer Advisory Committee.

Lynn Reede, DNP, MBA, CRNA, FNAP

Dr. Reede, CRNA joined the American Association of Nurse Anesthetists in January 2013 as Senior Director of Professional Practice. The Practice Division collaborates with members, other AANA Divisions, State Associations of Nurse Anesthetists, external organizations and industry to develop policy and resources to improve patient outcomes while making care more affordable. Dr. Reede currently serves as a member of the National Quality Forum Surgery Standing Committee, as chair of the American Society for Enhanced Recovery CRNA Committee, and the with the Anesthesia Patient Safety Foundation Board of Directors.

Julie A. Rice, BA

Ms. Rice is the staff support for the AANA's Peer Assistance and Health & Wellness programs since 2005, working with both committees to provide awareness and education to the membership. Combined, these programs promote well-being for balanced and fulfilling lifestyles, and raise awareness of the occupational risk for substance use disorder (SUD). These programs provide education for prevention to identify impaired colleagues and to know what to do when suspected. The peer support program includes a volunteer nationwide network to provide support for colleagues facing SUD through a network of over 60 volunteers.

Jack Stem, CDCA, OSANA

Mr. Stem is a former CRNA with over 22 years of recovery. He is currently the chair of the Peer Assistance Committee and has been a peer assistance advisor since 2005 for the Ohio State Association of Nurse Anesthetists. Mr. Stem has consulted with a nursing license defense attorney since 2008, and is currently a chemical dependency counselor and lead counselor of the Suboxone Intensive Outpatient program at Northland Interventions in Milford, Ohio.

Linda Stone, DNP, CRNA

Dr. Stone received her DNP from Duke University School of Nursing in 2015. She is the Assistant Program Administrator for the Raleigh School of Nurse Anesthesia and the State Peer Advisor for NC. In addition, Dr. Stone has served as the chair of the AANA Peer Assistance Advisors Committee since 2012 and has been involved in peer assistance for CRNAs/SRNAs since 2008.

Jessica Switzman, MSN, CRNA

Ms. Switzman is a State Peer Advisor for Maryland and serves on the AANA Peer Assistance Advisors Committee. She is the liaison for the AANA Health and Wellness Committee. Ms. Switzman has spoken on Addiction and Wellness and believes CRNAs should have a plan of care that avoids opioids.

Maria van Pelt, PhD, CRNA

Dr. van Pelt is an Associate Clinical Professor and the Program Director of the Nurse Anesthesia program at Northeastern University. She has been a practicing clinically for 20 years and has a research interest in patient safety. She is currently the Chair of the Anesthesia Patient Safety Foundation Committee for Education and Training and is on the APSF Board of Directors and Executive Committee.

Bridget Petrillo, CRNA, APRN

Ms. Petrillo is the Peer Assistance Advisor for the State of California and for AANA. She is a moderator for online support group, Anesthetists in Recovery. Ms. Petrillo has shared her experiences, strengths and hope in personal stories of recovery as it related to the greatest occupational hazards, SUD to Anesthesia Schools in CT and CA for 17 years.

Lawrence (Larry) Van Atta, CRNA

Mr. Van Atta is a CRNA and a recovered alcoholic/addict who's been sober since 1998. In 1998, he was abusing opioids from work and knew he would die unless he turned himself into the Utah Board of Nursing. When Mr. Van Atta did that he lost his family and career, but was able to get sober through the 12-step program of Alcoholics Anonymous and return to anesthesia in 2003.

Elizabeth (Laura) Wright, PhD, MNA, CRNA

Dr. Wright has served on the PAAC since 2011. Her involvement began when she attended the first SPA workshop in 2006. Since that time, her focus has been promoting the PAAC resources, developing policy guidelines for dealing with SUD in the work place and educating nurse anesthesia students about their risk for developing a substance use disorder. She also sits on the Alabama Board of Nursing, which provides another aspect of dealing with SUD among nurse anesthetists.

Accreditation Statement:

This course has been prior approved by the American Association of Nurse Anesthetists for 8.25 Class A CE credits; AANA Code Number 1034401; Expiration date 09/08/2017.

The American Association of Nurse Anesthetists is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Provider approved by the California Board of Registered Nursing, Provider #10862.

Conflict of Interest Disclosure:

This educational activity is being presented without the provision of commercial support and without bias or conflict of interest from the planners and the presenters.

Claiming Class A CE Credit:

You will receive an email the **week of September 18, 2017**, at the conclusion of the meeting. This email will contain a link to your individual evaluation/CE credit claim. Do NOT submit credits until you have claimed credits for all sessions attended. All evaluations are anonymous - evaluate each speaker and session carefully and completely for each session you have attended.

The evaluation of the educational sessions of the AANA Nurse Anesthesia Annual Congress provides important feedback for the AANA Professional Development Committee and the presenters. This information is very helpful in developing future programs. All participants are requested to complete evaluations for all the sessions they wish to receive Class A CE credit.

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